

GRITS CAFE LUNCH MENU

Appetizers

Grits Fritters (gf) 10.95

fried asiago grits, tomato basil cream,
house chow chow

Fried Green Tomatoes* 14.95

pan-seared shrimp, signature remoulade

Southwest Spring Rolls 13.95

black beans, charred corn, onions, peppers,
cilantro, pepper jack cheese, house chow chow,
chili dipping sauce

House Favorites 12.95/person

a sampler of our appetizers
served with one of each grits fritter,
fried green tomato, and
southwest spring roll

Salads

"Grits" Caesar (gf) 19.95

crisp romaine, creamy caesar dressing,
grits croutons, parmesan, asiago crisp,
kalamata olive and
roasted red pepper tapenade
choice of chicken, salmon, shrimp, or
cup of soup of the day

Vidalia (gfo) 19.95

spring mix, dried cranberries, spiced pecans,
bleu cheese crumbles,
sweet vidalia onion vinaigrette
choice of chicken, salmon, shrimp, or
cup of soup of the day

Chef Salad* (gfo) 17.95

crisp romaine, hard-boiled egg,
chopped turkey, ham, and bacon,
tomato, cucumber, carrot
choice of dressing

Salad Trio (gfo) 15.95

one scoop each of our house-made chicken
salad, egg salad, and pimento cheese served
with crackers for dipping

Soups

Soup of the Day 8.95

House Tomato Basil (gfo) 8.95
creamy tomato bisque with basil and croutons

"Grits" Onion Soup (gfo) 10.95

yellow onions, beef broth,
croutons, swiss cheese

Drinks 3.95

Coke, Diet Coke,
Coke Zero, Sprite,
Mr. Pibb, Ginger Ale,
Sweet Tea, Unsweet Tea

Salads To Go!

Order by the Pound

- Chicken Salad
- Egg Salad
- Pimento Cheese



+\$5 for split plates 20% gratuity will be included for parties of six or more

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

gf = gluten-friendly with gluten-free ingredients but possible cross-contamination in fryer; gfo = gluten-free option available with gluten-free ingredients and no cross-contamination in preparation.
All dishes cooked to order. Please inform your server of any food allergies or intolerances.

We impose a surcharge of 3% on the transaction amount on credit card purchases, which is not greater than our cost of acceptance. We do not surcharge debit cards or gift cards.

GRITS CAFE LUNCH MENU

Signature Sandwiches

Served with hand-cut potato chips.
Substitute hand-cut fries or sweet potato fries +\$1.
Substitute side salad, Caesar salad, or soup of the day +\$3.

The "BLFGT" 16.95

bacon, lettuce, fried green tomatoes,
mayo, toasted wheat berry bread

House Meatloaf Sandwich 17.95

house-made meatloaf, tomato jam, mayo,
cheddar, grilled buttermilk bread

Grilled Pimento Cheese 16.95

housemade pimento cheese with bacon
and tomato on grilled buttermilk bread

Grilled Chicken Panini 16.95

grilled chicken, spinach, smoked provolone,
tomato, basil pesto mayo, ciabatta

Blackened Salmon* Sandwich 18.95

blackened salmon, bacon, lettuce, tomato,
remoulade, toasted wheat berry bread

Philly Steak Sandwich 18.95

shaved ribeye, smoked provolone,
onions, peppers, horseradish mayo,
toasted hoagie

Turkey Club 16.95

smoked turkey, swiss, bacon,
lettuce, tomato, mayo, toasted
buttermilk bread

Rocking Chair Ranch Burger* 18.95

grass-fed beef grilled to order on a
toasted brioche bun with lettuce,
tomato, onion, and pickle.
choice of American, cheddar, Swiss,
provolone, or pepper jack cheese.
add sauteed onions or mushrooms +\$1
add bacon +\$2
substitute gluten free bun +\$2

Ask us About Our
Sandwich of
the Month!

Desserts

Cookies & Cream 10.95

a chocolate chip cookie fresh
from the oven topped with
vanilla bean ice cream

Crème Brûlée (gfo) 10.95

vanilla infused custard topped with
crunchy caramelized sugar
and praline crunch

Banana Pudding (gfo) 10.95

fresh bananas, vanilla wafers,
banana mousse, torched meringue

Southern Tiramisu 12.95

layers of mascarpone mousse,
praline pecans, and bourbon
coffee-soaked lady fingers



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