



Appetizers

Fried Green Tomatoes* 14
pan seared shrimp,
signature remoulade, parsley

Grits Martini* GF 14
creamy stone ground grits,
applewood bacon, pan seared shrimp,
shiitake mushroom cream, parsley

Ginger Soy Ahi Tuna* GFO 19
cucumber relish, wasabi aioli,
drunken teriyaki, crispy five
spice flatbread, microgreens

Southwest Spring Rolls 13
black beans, charred corn, onions, peppers,
cilantro, pepper jack cheese,
house chow chow, chili dipping sauce

Grits Fritters GF 10
fried asiago grits, tomato basil cream,
house chow chow

Beets and Goat Cheese 15
walnuts, tarragon citrus vinaigrette

HOUSE FAVORITES

A sampler of our most popular appetizers
served for sharing (one of each)

- Grits Fritters with
Tomato, Basil Cream
- Fried Green Tomatoes with
Pan Seared Shrimp and Remoulade
- Southwest Spring Rolls
with Chili Dipping Sauce
10/person

Soups

Chef's Creation 9
soup of the day

"Grits" Onion Soup GFO 10
yellow onions, beef broth,
croutons, swiss cheese

Salads

The Ultimate Iceberg GFO 10
candied bacon, tomato confit, house made
boursin, bleu cheese vinaigrette,
balsamic syrup, grilled ciabatta

"Grits" Caesar GF small 8/ large 13
crisp romaine, creamy caesar dressing,
grits croutons, parmesan,
asiago crisp, kalamata olive and
roasted red pepper tapenade

Garden GF small 8/ large 13
crisp romaine, tomato, cucumber,
carrot, choice of dressing

Vidalia GF small 9/ large 14
spring mix, candied pecans,
dried cranberries,
sweet vidalia onion vinaigrette

add grilled or blackened springer
mountain chicken breast +7

add grilled or blackened salmon* or shrimp* +8

Sandwiches

Served with Sea Salt French Fries
+1 Sweet Potato Fries
+3 Garden Salad or Caesar Salad

Philly Steak Sandwich 16

shaved ribeye, smoked provolone,
onions, peppers, in toasted hoagie
with horseradish mayo

Curry Chicken Salad Croissant 15

springer mountain farm chicken breast,
craisins, celery, red onion, red bell pepper,
curry and mayo in a toasted croissant
with lettuce and tomato

The "BLFGT" 16

bacon, lettuce, fried green tomatoes,
mayo, toasted wheat berry bread

Turkey Club 15

smoked turkey, swiss, bacon, lettuce,
tomato, mayo, toasted buttermilk bread

Blackened Salmon* 17

blackened salmon, bacon, lettuce, tomato,
remoulade, toasted wheat berry bread

Grilled Chicken Panini 16

grilled chicken, spinach, smoked provolone,
tomato, basil pesto mayo, asiago ciabatta

Rocking Chair Ranch Burger* 16

grass fed beef grilled to order
on a toasted brioche bun
with lettuce, tomato, onion and pickle.
choice of american, cheddar, swiss.
provolone, or pepper jack
add sauteed onions, or mushrooms +1
add bacon +2

Runaway

chef's creation soup

paired with our

sandwich of the day

18

Entrees

Shrimp and Grits* GFO 24

southern fried shrimp and blackened
shrimp, charred corn and andouille
sausage stone ground grits, red
tomato relish, vegetable du jour

Mushroom Ravioli 24

grilled shrimp, sauteed
mushroom ragout, arugula,
creamy black garlic sauce

Chicken Picatta 25

grilled chicken breast, linguine,
mushrooms, capers, grape tomatoes,
lemon, white wine butter sauce,
grilled bread

Petite Filet Mignon* GF 28

maitre'd butter, pommes frites,
vegetable du jour

+5 for split plates

20% gratuity will be included for parties of 5 or more

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs
may increase your risk of food borne illness.

Cooked to order